

# POSTGRADUATE STUDY

**Sebda**

Promoting the social and emotional well being of children and young people

## Social, Emotional and Mental Health Difficulties (SEMH)

Oxford Brookes University, in partnership with the Social Emotional and Behavioural Difficulties Association (SEBDA), offers two postgraduate courses for professionals working with children and/or young people with social, emotional and mental health difficulties. These Master's-level courses are delivered predominantly online as a flexible distance learning option and will enhance your understanding and skills in working with this vulnerable group. Both courses involve an optional residential weekend in September and a further University-based study day in the spring. Each course lasts 1 year.

Applicants should hold a first degree (2.2 or above) and should be working in a relevant setting with children or young people e.g. mainstream school, special school, youth club, social care setting or pupil referral unit.

*"I would just like to say a very big thank you for running such an excellent, well managed and highly relevant course."*

*(G.Z., Year 1 student)*



*"This has been enlightening, not only for me but also for others whom I train and advise."*

*(G.Z., Year 1 student)*



*"The timetable and structured activities each fortnight enabled me to manage the workload, on top of working full time"*

*(Year 1 student, anonymous feedback)*

## **Understanding and Managing Social Emotional and Mental Health (SEMH) Difficulties: Postgraduate Certificate (60 Masters credits).**

You will analyse the history of SEMH difficulties and explore a range of psychological perspectives that inform our responses to these needs. You will examine current legislation, SEMH assessment, practical interventions and neuroscientific research. Units will also focus on working with families and the promotion of emotional wellbeing.

Course fee 2020: £2,650 (with a £100 cashback for SEBDA members)

[www.brookes.ac.uk/courses/postgraduate/education-semh-difficulties](http://www.brookes.ac.uk/courses/postgraduate/education-semh-difficulties)

## **Advanced Study SEMH: Postgraduate Certificate (60 Masters credits).**

In advanced studies you will undertake a critical exploration of theory and practice around trauma, anger management, self-harm, eating disorders, bereavement, anxiety and depression. In addition, emotional development, attachment theory and autistic spectrum conditions will be analysed. This postgraduate certificate also includes a research methods component.

Course fee 2020: £2,650 (with a £100 cashback for SEBDA members)

[www.brookes.ac.uk/courses/postgraduate/education-advanced-study-in-semh-difficulties](http://www.brookes.ac.uk/courses/postgraduate/education-advanced-study-in-semh-difficulties)

**60 credits can form one third of the MA Education at Oxford Brookes. Take both postgraduate certificates and a dissertation year and you can achieve an MA Education with a specialism in Social Emotional and Mental Health.**

For more information please contact: [pgeducation@brookes.ac.uk](mailto:pgeducation@brookes.ac.uk) and to join SEBDA please visit: [www.sebda.org](http://www.sebda.org)

*"Last week I secured a post in a special provision for students with SEMH .....*



*..... thanks to the work I have completed on this course, the feedback I have had and the ideas everyone has shared, I was confident in interview."*

(V.W., Year 2 student)