

May 2021: 6.14 x 9.21: 182pp 4 illustrations

Hb: 978-0-367-51135-7 | £120.00 £96.00 Pb: 978-0-367-51137-1 | £26.99 £21.59 eBook: 978-1-003-05257-9

TABLE OF CONTENTS:

Foreword: From Recovery to Resilience; *Barry Carpenter*

Chapter 1 Changing Attitudes in Changing

Chapter 2 A Pathway to Progress

Chapter 3 Realigning Roles and

Responsibilities

Chapter 4 Resilience: Risk and Protective Factors

Chapter 5 Emotional Wellbeing in the Curriculum

Chapter 6 Creating a Healthy Ethos and

Chapter 7 A Whole-School Ethos and a Range of Resources

* Offer cannot be used in conjunction with any other offer or discount and only applies to books purchased directly via our website.

20% off with discount code FLY21*

How to Maximise Emotional Wellbeing and Improve Mental Health

The Essential Guide to Establishing a Whole-School Fthos

Rona Tutt and Paul Williams

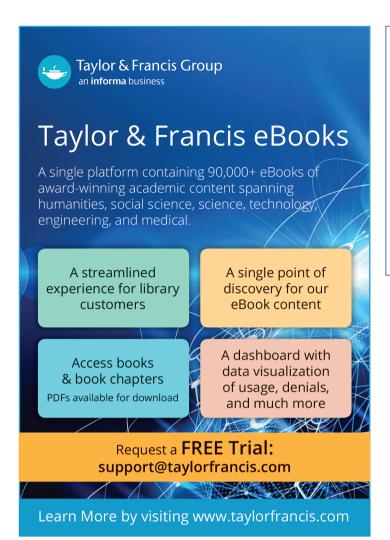
In this highly practical book, Tutt and Williams explore how schools and other educational settings can provide students with the right environment to support their emotional wellbeing and hence to maximise their learning potential. Encouraging collaboration between education and healthcare professionals, as well as other services, they show how to develop resilience in young people and provide them with the tools for coping with mental health issues. Based on extensive case studies, and featuring insightful conversations with school leaders and other professionals, this book will be an essential resource for anyone with a wider societal concern about mental wellbeing in young people.

About the Authors

Rona Tutt has an OBE for her services to special needs education. She is a past president of the National Association of Head Teachers (NAHT) and a fellow of UCL's Centre for Inclusive Education (CIE).

Paul Williams has been a head teacher of two London special schools, taking a particular interest in the emotional wellbeing of staff and pupils. Paul has also been a national leader of education (NLE).





Routledge Paperbacks Direct

Responding to the changing needs of academics and students, we have now made a selection of our hardback publishing available in paperback format. Available directly from Routledge only and priced for individual purchase, titles are added to the selection on a regular basis.

For a full list of available titles, visit: www.routledgepaperbacksdirect.com





Routledge Revivals

Discover Past Brilliance...

www.routledge.com/books/series/Routledge_Revivals

Order your books today...

All of our books are available to order direct. Alternatively, contact your regular supplier.

IF YOU ARE IN THE US/CANADA/LATIN AMERICA:

Telephone: Toll Free 1-800-634-7064 (M-F: 8am-5:30pm)

E-mail: orders@taylorandfrancis.com
Online: www.routledge.com

Sales Tax/GST:

Please add local sales tax if applicable in your state.

Canadian residents please add 5% GST.

Postage:

US: Ground: \$5.99 1st book; \$1.99 for each additional book

2-Day: \$9.99 1st book; \$1.99 for each additional book Next Day: \$29.99 1st book; \$1.99 for each additional book

Canada: Ground: \$7.99 1st book;

\$1.99 for each additional book Expedited: \$15.99 1st book; \$1.99 for each additional book

Latin America: Airmail: \$44.00 1st book;

\$7.00 for each additional book Surface: \$17.00 1st book; \$2.99 for each additional book

IF YOU ARE IN THE UK/REST OF WORLD:

 Telephone:
 +44 (0) 1235 400524

 Fax:
 +44 (0) 1235 400525

 E-mail:
 tandf@bookpoint.co.uk

 Online:
 www.routledge.com

Postage: UK:

: 5% of total order

(£1 min charge, £10 max charge). Next day delivery +£6.50*

Europe: 10% of total order

(£2.95 min charge, £20 max charge).

Next day delivery +£6.50*

Rest of World: 15% of total order

(£6.50 min charge, £30 max charge).

*We only guarantee next day delivery for orders received before noon.

Library Recommendation

Ensure your library has access to the latest publications. Contact your librarian with details of the books you need and ask them to order a copy for your library.

Complimentary Exam Copy Request

To order a complimentary exam copy, please visit: www.routledge.com/info/compcopy

Prices and publication dates are correct at time of going to press, but may be subject to change without notice.



Our publishing program continues to expand so please visit our website to stay up-to-date.

www.routledge.com

FREE STANDARD SHIPPING on all orders placed on www.routledge.com.